



BODY ODYSSEY BODY ODYSSEY

Mona is a senior bodybuilder who is training for a world championship, her existence is a spasmodic quest for perfection and beauty. Her life is steadily followed by her coach who monitors her single daily actions like a demiurge and an artist: her sleep, her nutrition, her training sessions, her doping dosage, her psychology and even her sexual life. This routine gets interrupted when a young guy appears: a single brief sexual encounter over-balances her discipline and her will. Her body, will start evolving into a separate entity with a different personality.

DIRECTOR	Grazia Tricarico
GENRES	DRAMA
RUNTIME	104 min.
PRODUCTION YEAR	2023
STATUS	Completed
CAST	Jacqueline "Jay" Fuchs, Julian Sands, Adam Misik, Stefan Sauk, Lukas Loughran, Hanna Ullerstam, Maximilian Dirr